

# The Living Collective Coogee

## Live Stream Timetable 2020

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>6-7am</b>		<b>6-7am</b>	<b>6-7am</b>	<b>6-7am</b>	<b>6-7am</b>	<b>7-8am</b>	<b>8.45-10am</b>
Meditation <b>BEV</b>	General Vinyasa <b>IEVA</b>	Beginner Yoga <b>IZABELLA</b>	General Hatha <b>IZABELLA</b>	Pilates <b>IZABELLA</b>	General Hatha <b>DARA</b>	Deep Hatha <b>DARA</b>	General Vinyasa <b>KAROLINA</b>
<b>7.15-8.15am</b>		<b>7.15-8.15am</b>	<b>7.15-8.15am</b>	<b>7.15-8.15am</b>	<b>7.15-8.15am</b>	<b>8.45-10am</b>	<b>4-5-15pm</b>
General Hatha <b>SOPHIE</b>	General Vinyasa <b>SOPHIE</b>	General Vinyasa <b>GEORGIA</b>	General Vinyasa <b>SOPHIE</b>	General Vinyasa <b>KAROLINA</b>	General Vinyasa <b>IEVA</b>	General Vinyasa <b>IEVA</b>	Yin <b>MARJA</b>
<b>9.30-11am</b>		<b>9.30-10.30am</b>	<b>6.15-7.30pm</b>	<b>9.30-10.30am</b>	<b>12.30-1.30pm</b>	<b>10.30-11.30am</b>	<b>7-8.30pm</b>
General Vinyasa <b>KAROLINA</b>	Restorative <b>LEORA</b>	Yin <b>KAROLINA</b>	General Hatha <b>LEORA</b>	Beginner Yoga <b>BJORG-IDA</b>	Beginner Yoga <b>DARA</b>	Beginner Yoga <b>DARA</b>	Meditation <b>BEV</b>
<b>6-7pm</b>		<b>5.30-7pm</b>	<b>6.30-7.30pm</b>	<b>5.30-6.30pm</b>	<b>5.30-7pm</b>	<b>4.30-6pm</b>	
General Hatha + Yoga Nidra <b>LEORA</b>	General Vinyasa <b>KAROLINA</b>	Meditation <b>BEV</b>	General Vinyasa <b>GEORGIA</b>	Meditation <b>BEV</b>	Meditation <b>BEV</b>	General Vinyasa <b>KAROLINA</b>	
	<b>6-7pm</b>	<b>8-9pm</b>	<b>7-8pm</b>	<b>7.30-8pm</b>	<b>6.15-7pm</b>		
	Qigong + Meditation <b>IZABELLA</b>	Restorative <b>BJORG-IDA</b>	Yin <b>GEORGIA</b>	Kids PJ Meditation <b>BEV</b>	Yoga Nidra <b>LEORA</b>		
	<b>7.15-8.30pm</b>						
	Yin <b>KAROLINA</b>						
	<b>7.30-8pm</b>						
	Kids PJ Meditation <b>BEV</b>						